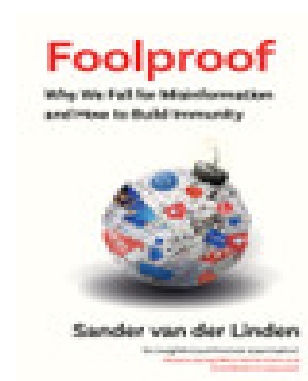




# HEALTH LITERACY AND MISINFORMATION RESOURCE

## BOOKS

These are available via Smallwood Library. Please ask a member of staff if you wish to request or login to <https://www.healthlibrariesmidlands.nhs.uk/> with your Library ID.



## MISINFORMATION, DISINFORMATION AND FINDING TRUSTED INFORMATION

- Topics include false health information warning signs and what to look for in trusted health information: [piftick.org.uk/finding-trusted-health-information/tips-and-guides/](http://piftick.org.uk/finding-trusted-health-information/tips-and-guides/)
- Advice on managing your health online: [independentage.org/get-advice/health-and-care/living-long-term-health-conditions/how-to-find-reliable-health](http://independentage.org/get-advice/health-and-care/living-long-term-health-conditions/how-to-find-reliable-health)

## RESOURCES FOR HEALTHCARE PROFESSIONALS

- Virtual Health Literacy session hosted by Smallwood Library: 23rd January 2025, 11:00 – 12:00. To book a place email [smallwood.library@nhs.net](mailto:smallwood.library@nhs.net)
- Health Literacy Toolkit with information on health and digital literacy and practical tips: [library.nhs.uk/wp-content/uploads/sites/4/2023/06/Health-Literacy-Toolkit.pdf](http://library.nhs.uk/wp-content/uploads/sites/4/2023/06/Health-Literacy-Toolkit.pdf)
- Helping improve patient information, includes tips on how to make sure everyone can understand the information they are given: [evidence.nihr.ac.uk/collection/health-information-are-you-getting-your-message-across/](http://evidence.nihr.ac.uk/collection/health-information-are-you-getting-your-message-across/)
- Poster includes data to help you make the case for health-literacy friendly materials: [pifonline.org.uk/resources/posters/health-literacy-matters-infographic/](http://pifonline.org.uk/resources/posters/health-literacy-matters-infographic/)
- Online learning modules as part of its work on media literacy and digital skills development: [lc.learningpool.com/course/index.php?categoryid=29](http://lc.learningpool.com/course/index.php?categoryid=29)